



# CIFCA

## Community Integrated Family Care Advocates

Develop new friendships while in-person activities are limited. CIFCA has created two options for your consideration. Our goal is to create new opportunities, new friendships and connections throughout Central Minnesota. All activities start January, 2021 and continue throughout the year. Please fill out the bottom of this form to indicate your interest.

### GET TO KNOW OTHERS

Would you benefit from having a community member to visit with? Create new friends by participating in either a video-chat or letter writing connection. This is open to anyone in the community. We could all enjoy the company of a new friend.

### VIRTUAL BOOK CLUB

The virtual book club is an opportunity to get together with new friends to discuss the current read. Participant must have access to a phone, tablet or computer and have an internet connection. Upcoming reads: *The Grass is Singing* by Doris Lessing, *The Little Old Lady Who Broke All the Rules* by Catharina Ingelman-Sunderberg, and *Wake the Dawn* by Lauraine Snelling.

Be open to new adventures, new topics and new friends. Learn more at [cifcamn.com](http://cifcamn.com).

### PARTICIPANT INTEREST FORM

Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Email: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zipcode: \_\_\_\_\_

### Check ALL preferences that apply:

I'd like to connect with a community member by **MAIL** or **CHAT** or **BOTH**

I'm interested in the virtual **BOOK CLUB**.

I'd like to connect with:

Male  Female

I do not have access to a tablet, computer or phone with internet but would prefer video chatting. Please contact me if you have options.

The age of my new friend should be:

20/30 Something  60+  
 40/50 Something  Kids are OK

I have a tablet, computer or phone with internet.

I will need writing supplies.  I need stamps.

I prefer receiving email. My email address is: \_\_\_\_\_

Please detach and return to [cifcamn@gmail.com](mailto:cifcamn@gmail.com) or PO Box 412, Sauk Centre, MN 56378